

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
*	*	<b>01</b> 11:00 Big fun Balloon 14:00 New Year Day quiz	<b>02</b> 10:30 Art & Craft- Making a puzzle 14:00 First Z-Cars broadcast 1962	<b>03</b> 10:30 Sensory games 14:00 Quiz JRR Tolkein born (1892)	<b>04</b> 11:00 Independent living task 14:00 Decoration down World Braille Day	<b>05</b> 11:00 National Bird Day 14:00 Movie afternoon Twelfth Night
<b>06</b> 10:30 <b>Activities with Donna</b> 14:00 Reading/ words games	<b>07</b> 11:00 <b>Foot care with Jan</b> 14:00 <b>Armchair exercises with Kirsty</b>	<b>08</b> 11:00 <b>Music with Kevin</b> 14:00 Fun dice games	<b>09</b> 10:30 Art& Craft – Cotton bud painting 14:00 Quiz and Trivia	<b>10</b> 10:30 Flower arrangement 14:00 Music movement Rod Stewart Day	<b>11</b> 11:00 Independent living task 14:00 Armchair Travel to Sweden	<b>12</b> 11:00 Tennis starts (to 26 January) 14:00 Movie afternoon
<b>13</b> 10:30 <b>Activities with Donna</b> 14:00 Documentary film	<b>14</b> 11:00 Cooking Club 14:00 Armchair exercises	<b>15</b> 11:00 Grandpa Shed Detective 14:00 Quiz and Trivia	<b>16</b> 10:30 Art & Craft Decorating CDs 14:00 Keep up the balloon	<b>17</b> 10:30 <b>Reminiscence with Ava</b> 14:00 Sensory games	<b>18</b> 11:00 Independent living task 14:00 Colouring and drawing	<b>19</b> 11:00 Wordsearch and crosswords 14:00 Movie afternoon
<b>20</b> 10:30 <b>Activities with Donna</b> 14:00 Reading/word s games	<b>21</b> 11:00 Cooking Club 14:00 <b>Armchair exercises with Kirsty</b>	<b>22</b> 11:00 <b>Music with Kevin</b> 14:00 Fun toss games	<b>23</b> 10:30 Art& craft – Marble painting 14:00 Quiz and Trivia	<b>24</b> 10:30 Big Garden Birdwatch starts 14:00 Singing old songs	<b>25</b> 11:00 Burns Night quiz and trivia 14:00 Floor games and movement	<b>26</b> 11:00 Armchair travel to Australia 14:00 Movie afternoon
<b>27</b> 10:30 <b>Activities with Donna</b> 14:00 Holocaust Memorial Day	<b>28</b> 11:00 <b>Foot care with Jan</b> 14:00 Armchair exercises	<b>29</b> 11:00 Fun games Chinese New Year 14:00 Quiz and Trivia	<b>30</b> 11:00 Art & Craft Chinese Fans 14:00 Ball games	<b>31</b> 10:30 Sensory games 14:00 Sports quiz and Trivia	*	<b>Tuesday's - Physio with Fiona Friday's - hairdresser</b>
						<b>This may be subject to change</b>

# Daily Sparkle

The Activity Coordinator's Friend

