

ACTIVITIES PLANNER - DECEMBER 2024

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Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
30	31					1
<u>AM</u> Daily Sparkle Armchair Exercises PM New Years Activities	<u>AM</u> Daily Sparkle Armchair Exercises PM New Years Eve Lunch					10 AM Church Service Daily Sparkle PM Songs of Praise Quiz
2	3	4	5	6	7	8
<u>AM</u> Daily Sparkle Armchair Exercises PM 4:45pm Christmas Lights Switch on	<u>AM</u> Daily Sparkle Armchair Exercises PM Flower Arranging White Board Games	<u>AM</u> Daily Sparkle Armchair Exercises PM Christmas Outing	<u>AM</u> Daily Sparkle Armchair Exercises PM Christmas Arts & Crafts	<u>AM</u> Daily Sparkle Armchair Exercises PM 3pm Pub Afternoon and Quiz	<u>AM</u> Daily Sparkle Armchair Exercises PM Word Challenge Day	10 AM Church Service Daily Sparkle PM Songs of Praise Quiz
9	10	11	12	13	14	15
<u>AM</u> Daily Sparkle Armchair Exercises PM 4pm Christmas Pantomime	<u>AM</u> Daily Sparkle Armchair Exercises PM Flower Arranging White Board Games	<u>AM</u> Daily Sparkle Armchair Exercises PM Hairdressing Namaste	<u>AM</u> Daily Sparkle Armchair Exercises PM 2:30pm Wreath Making with Vanda	<u>AM</u> Daily Sparkle Armchair Exercises PM 13:30 Holy Communion	<u>AM</u> Daily Sparkle Armchair Exercises PM 14:00 Christmas Carols with Dusty Tracks	10 AM Church Service Daily Sparkle PM Songs of Praise Quiz
16	17	18	19	20	21	22
<u>AM</u> Daily Sparkle Armchair exercises PM Christmas Movie	<u>AM</u> Daily Sparkle Armchair Exercises PM Flower Arranging White Board Games	<u>AM</u> Daily Sparkle Armchair Exercises PM Outing: Christmas Lights	<u>AM</u> Daily Sparkle Armchair Exercises PM Christmas Arts & Crafts	<u>AM</u> Daily Sparkle Armchair Exercises PM 13:45 Music with Kevin	<u>AM</u> Daily Sparkle Armchair Exercises PM Santa Sweeties Trolley	10 AM Church Service Daily Sparkle PM Songs of Praise Hairdressing
23	24	25	26	27	28	29
Christmas Games with mince pies and mulled wine	<u>AM</u> Daily Sparkle Armchair Exercises PM Family day	<u>AM</u> Daily Sparkle Armchair Exercises PM Christmas Lunch Celebration	<u>AM</u> Daily Sparkle Armchair Exercises PM Boxing Day Lunch Celebration	<u>AM</u> Daily Sparkle Armchair Exercises PM Arts and Crafts	<u>AM</u> Daily Sparkle Armchair Exercises PM Word Challenge Day	10 AM Church Service Daily Sparkle PM Songs of Praise Quiz

